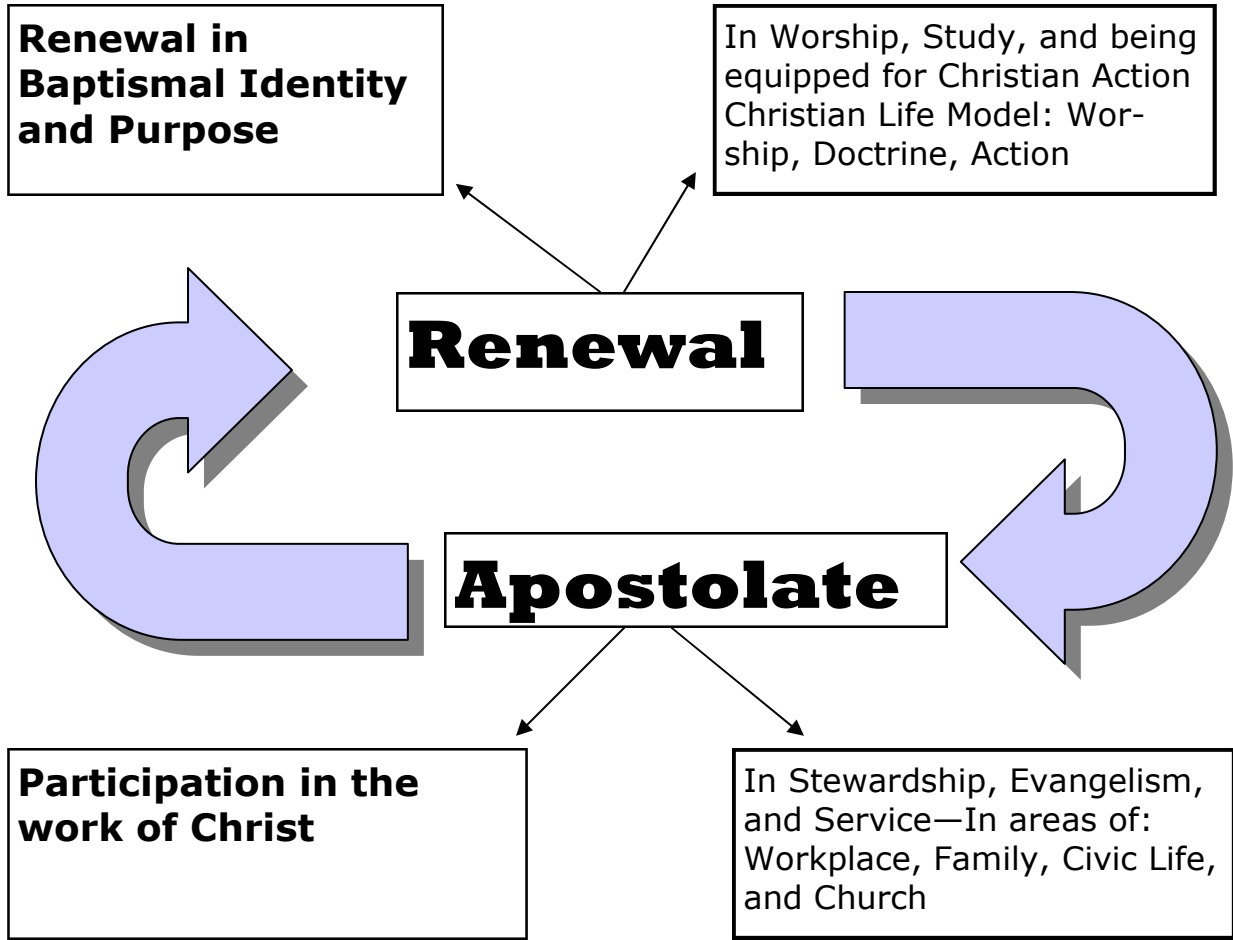


# The Renewal-Apostolate Cycle

## A central dynamic of the Christian Life



A cycle between a conscious and intentional attention to God and Christian formation and a subconscious reliance upon God as members of the Body of Christ in the workplace, family, civic life and congregational life.

**In that cycle**

**We need:**

**Which is helped by:**

- ✘ To accept our dependence on God      →      Openness to spiritual guidance
- ✘ To accept our responsibility for ordering our spiritual life      →      Establishing a Rule of Life
- ✘ To accept our interdependence with others in the Church      →      Life in Christian community, a congregation